Charity Review

Thai Family Link Foundation

Review Date: 9 October, 2013

Reviewers: -Khun Terrence P. Weir, B Ec, CPA (Australia)

-Khun Nutpattra Aphonmaeklong, Degree of Science

(M.S.(Clinical Psychology)), Mahidol University.

-Khun Somsri Singhawattana - MS.5

Charity Head: Dr. Somrak Choovanichvong, MD

Address: Physical Therapy Building, 2nd Floor, 47 Moo 4 Srithanya Hospital, T.Taladkhwan

A. Muang Nonthaburi. Nonthaburi 10000.

Telephone numbers: 02-528 7821, 089-117-5283, 02-528 7800 Ext.57254; Fax No.: 02-940-5266

Website: www.thaifamilylink.net

E-mail somrakcc@hotmail.com

Facebook: https://www.facebook.com/thai.saiyai

Charity Purpose:

- 1. To support education on mental health and mental illness.
- 2. To enhance the capacity and performance in working and career of the mentally ill.
- 3. To support education and development of knowledge on psychiatric rehabilitation.
- 4. To serve as an individual organization as well as collaborate with other charities for public benefits.
- 5. To support the establishment and operation of Life Development Center for the mentally ill at

Review Process:

We visited the Thai Family Link on Wednesday 9, 2013 and met with:

- 1. Dr. Somrak Choovanichvong M.D. Chair Person of Thai Family Link Foundation
- Khun Kuerwan Tiangtham Volunteer speakers since Thai Familylink to the curriculum, an assistant Editor of Friends for Mental Health Care Magazine.
- 3. Khun Somboon Chungto Central Coordinator
- 4. Ms.Guessmas Paewskul: Administraive staff (support via telephone and e-mail)
- Thai Family Link Association is based on the second floor of the Physical Therapy Building of Sritanya Hospital. The Thai Family Link Foundation has been registered in order to support the operation of the Family Link Association and to support the establishment and operation of Life Development Center for the mentally ill at Klongkhuean District, Chachoengsao Province which will support potential patients to work and career. The Foundation encourages patients to receive treatment until symptoms abate and then returned to work. There are 9 staff which work for Thai Family Link Foundation.
- Dr.Somrak explained that the Family Link abroad to expand the network of psychiatric patients and their relatives across the country strong. But in Thailand There are different forms of the many activities that the restrictions will be extended to a group of psychiatric patients and their relatives in upcountry.
- The foundation has been audited by Khun Nusari Phurispunyo.
 For the Thai Familylink Foundation is waiting until anniversary to be checked by auditor.

Primary Supporting Organization:

1. Funds provided by generous donors such as:

1.1 Johnson & Johnson; 2003 - 2012

1.2 Janssen-Cilag; 2003 - 2012

1.3 Astra Zeneca; 2007 until now

1.4 Office of the National Health Security Office (NHSO); supported 4 years by each year proposal;

2010 - 2013

2. Donations by individual donors, organize the event such as Thot Pa-Pa (offering the robes to

Buddhist monks), sale of products produced by the patient and Patient's relatives.

3. Volunteers from members, patients who have recovered from their illness, relatives of patients and

rotate into creative activities in order to refresh themselves, such as music, art, computers, English,

singing, sports massage etc.

Brief Biography Thai Family Link Association

In 2003, Dr. Somrak Choovanichvong signed the contract to the copyright of Family Link

Psychoeducation curriculum created by Dr. Marcus Chiu and then translate and adjustment of the modules

to Thai context.

On March 1, 2004, the first Family Link training for the patients and they have continued one

after another until now. From 15 participants in the first training, until it has a network of volunteers as a

Speaker, Public Relations Team, as well as the various support teams which growing steadily wider. There are

currently more than 1,000 participants each were receiving training from dozens to hundreds by divided into

several sub groups.

On July 1, 2005, Family Link Activity Center was set up at the Physical Therapy Building of

Sritanya Hospital. The services offered are such as counseling by recovered patients and carers on how to live

with mental illness, arts and crafts, physical exercises, music, English and computer classes.

หน้า 3

March 7, 2013, Thai Family Link Foundation was registered to establish a foundation and approved by the Registrar Foundation Nonthaburi Province; the establishment of the Foundation Registration No. is มป.216.

Description of Activities:

Summary Family Link Association Process which included with:-

Board Committee, Supporting Teams, Volunteers

The main activities of the Foundation are as follows:-

| 1. Rehabilitation | 2. Education | 3. Advocacy |
|---------------------------------|-----------------------------------|------------------------------|
| 1.1 Activities Center. | 2.1 Training Family Link | 3.1 Surveillance stigma |
| 1.2 Bipolar club including club | 2.2 Magazine Friends of Mental | 3.2 To be the voice of |
| friends, Club beat depression | Health Care | psychiatric patients. |
| etc. | 2.3 Tripartite Speaker Teams | |
| 1.3 Life Development Center | Project | |
| Psychiatric at Klong Khuan | 2.4 Knowledge of media | |
| 1.4 The light on life Project:- | production for psychiatric | |
| Parent engagement project | disorders. | |
| Little Magnate project | | |
| 4.Staff Development | 5. Community Service | 6. Relations and fundraising |
| 4.1 Training Officer | 5.1 Counseling for the caregivers | 6.1 Relations |
| 4.2 Training Volunteer training | of Family Link Center | 6.2 Development the website |
| 4.3 Training Instructor | 5.2 Counseling caregivers | 6.3 Funding |
| | Bipolar OPD at Srithanya | |
| | hospital | |
| | 5.3 Consultation with a mental | |
| | health at Satian Thamma | |
| | Sathan | |
| | 5.4 Cooperation with other | |
| | organizations in the various | |
| | agendas. | |

1.On February 12, 2007, the first accomplishment of the committee was to join hands with other organizations of people living with mental illness: To advocate for Social Security Health Plan equal coverage of psychosis. The Committee for the Rights of People Living with Mental Illness in Thai Family Link Association was formed. Thai Family Link Association and its allies organized a rally, presented an open letter of complaint to the Prime Minister and the National Human Rights Commission of Thailand, then distributed copies of it to the public at city centers such as Silom area and the Victory Monument. February 12 was then designated as the Rights of People Living with Mental Illness Day.

2.<u>In year 2007, Short film contest - My Bar Award</u> to promote understanding and good attitude toward people living with mental illness.

3.<u>In year 2009, Open the Door Project was initiated:</u> To help Thai society learn about mental illness. The high school students participated in the program had the opportunity to visit the homes of people affected by mental illness and learned about their first hand experience.

4. In year 2010-2011, Thai Family Link Association organized a suicide prevention campaign—Million Care Million Share- a continuation of Open the Door Program. The participants were university students who went to visit the families of people affected with mental illness who attempted or committed suicide and learn their experience.

5.On 1 October 2010, the Thai Family Link Association have been donated the land 49 Rai by Professor Rudi Noranitiphadungkarn. She donated land in Klong Muang Chachoengsao, size 49 Rai in order to establish the facility for the development of psychiatric patients.

6.Projects light on life which include:-

"Parent Engagement" is a course for parents to relieve and clear anxiety which they can take care of the problem efficiently, strengthen family relationships and strong integrity and development for children with communications and know their role.

"Little Magnate" is mental rehabilitation course to know themselves and life skills and added confidence in them. To release stress and practice emotional control, vocational learning to occupation for enhancing their value.

Life Development Center for Psychiatric at Klongkhuan District, Chachoengsao Province



Media Article

https://www.facebook.com/Saiyaiboon

www.networkedblogs.com/blog/saiyai/followers

www.ryt9.com/s/prg/1210545

http://www.tddf.or.th/news/detail.php?contentid=0075&postid=0004855

http://www.bangkokpost.com/lifestyle/family/375755/poles-apart

Fund Raising Sources

During on July 2011 to June 2012, foundation has been supported the fund both inside and outside Thailand total amount 2,106,640 Baht (68,000 US\$: Exchange rate 1 US\$=30.98 Baht)

| Organization inside & outside Thailand | Donation (Baht) |
|--|------------------------|
| Johnson & Johnson | 1,053,320 |
| Janssen-Cilag | 1,053,320 |
| Astra Zeneca | 500,000 |
| Total amount | 2,606,640 |
| Other | Donation (Baht) |
| Other Donator | |
| Total amount | |

| Outgoing | | <u>Baht</u> |
|---|----------------------------------|-------------|
| | | <u>2013</u> |
| Income Support | | 500,000 |
| Additional donate until Oct. 2013 | | 66,276 |
| Total Income | | 566,276 |
| Cost of Management | | |
| Support materials for the rehabilitation of | Remark: Committee plans to raise | 35,000 |
| psychiatric patients. | capital in the year 2014. | |
| Support Life Development Center for | Remark: Committee plans to raise | 16,800 |
| Psychiatric at Klongkhuan District | capital in the year 2014. | |
| Total expense | | 51,800 |
| Cost of Administration | | - |
| Total expense lower than income | | 514,476 |