



Baan Unrak

# ANNUAL REPORT

2 0 2 1



# Providing Love And Care To All

## **Vision**

To establish a Cosmic human family. To raise children with an all-inclusive view that will make an impact in the society. To bring about a positive and all-round change in the world. We envision a future full of love and compassion for every living thing.

## **Mission**

To create a self-sufficient and integrated community which provides housing, food, education, emotional support and opportunities for vulnerable children, single mothers and other people in need. Promoting holistic human development, utilizing natural resources, protecting the environment, caring for animals and plants.  
To be a model of sustainability.

**Address:**

Baan Unrak Children's Home  
99-1 Moo 1 Nonglu, Sangkhla Buri District,  
Kanchanaburi 71240 Thailand

**Call:**

Office: +66 (0) 34510778  
Mobile: +66 089-9362426  
Charity number : KorThor 2282



[tiktok.com/@baanunrak\\_home](https://www.tiktok.com/@baanunrak_home)



[Baan Unrak Children's Home](https://www.youtube.com/BaanUnrakChildrensHome)



[www.baanunrak.org](http://www.baanunrak.org)



[facebook.com/baanunrak](https://www.facebook.com/baanunrak)



<https://twitter.com/baanunrak>

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# Organizational Chart

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## **Didi A Devamala, the founder**

It is so inspiring to see our children of the past becoming the leaders of today.

So many grownup children returned to help Baan Unrak. It is heartwarming to see these young women and men dedicating their life for the vision of Baan Unrak.

Our goal is to establish a harmonious Cosmic human society. To raise children with a broad view that will make an impact in the society. To bring about a positive and all-round change in the world

Our vision is of a world full of love and compassion for every living thing. Those who are able to conceive such a thought are the real revolutionaries of the world. So my message to this new generation of moral leaders is: "Go on with your mission and face all the obstacles of life with a smiling face. Victory is yours."

## **Didi A Devamala**

## **Chusak Kalayanatham, Baan Unrak manager**

I was a child with no roots. A child that was thrown in the wind. Baan Unrak became my home and my family. I feel that it is such an honor to be in my position.

In the position to open doors to other children of the wind. I want to be a strong rock for them. I want them to have the security of a home, the loving warmth of a family. I have all the best wishes for them to become the leaders of the future.

I take this opportunity to thank all those who have been with us to assist or to encourage us. You are all very important to the success of our mission.

## **Chusak Kalayanatham**

# Organizational Chart

## Board of Directors



**Miss Chintana  
Tungtriratanagul  
President**

นางสาว จินตนา ตั้งตริรัตน์กุล  
ประธานกรรมการ



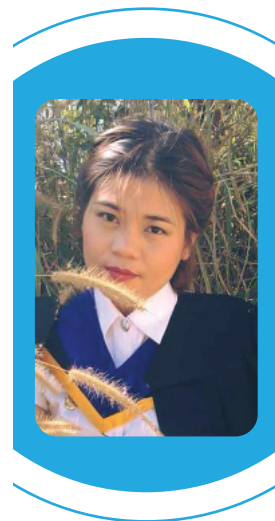
**Mr. Chusak  
Kalayanatham  
Manager**

นาย ชูศักดิ์ กัลยาณธรรม  
ผู้จัดการ



**Mr. Tanawat  
Saardchuen  
Secretary**

นาย ธนวัฒน์ สอาดชื่น  
เลขานุการ



**Miss Ananya  
Anandasantikun  
Treasurer**

นางสาว อนันญา อนันดาสันติกุล  
เหรัญญิก

## Administrative Team

ADMINISTRATIVE

OFFICE

BANGKOK

OFFICE



# Organizational Chart

## Executive Team for Care Home Program

### CARE HOME PROGRAM

#### SHELTER

##### CARE GIVERS



Melek



Htay Yee



Hang



Mular



Aoi



Wan



Mala

##### MAINTENANCE



Poechit



Pho Soe

##### DRIVER

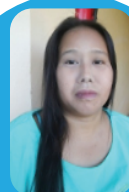


Janako

##### MISCELLANEOUS



Aye Maw



Manika



2 words  
PoPo

##### HOMEWORK

##### TUTOR



P'Wan

#### HEALTH

##### KITCHEN

##### CLINIC



Than Than Yee



Phyu



Than Yee



SuSu



2 words  
PoPo



Tata Saw

##### BOY TEENAGER

##### IN-CHARGE



Pivwin

# Organizational Chart

## Executive Team for Outreach & Relief Program



## Executive Team for Sustainability





## Covid in Baan Unrak

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As it did worldwide, covid continued to affect every aspect of life at Baan Unrak in 2021.

For most of 2021, from March to December, Baan Unrak was under lockdown. The children were homeschooled during that period, and employees had the option either to stay full time at Baan Unrak and not to leave the premises at all during the lockdown, or to leave Baan Unrak and return to their communities for the duration of the lockdown.

Although we were able to avoid covid during the first year of the pandemic, the virus arrived at Baan Unrak in 2021. At the end of September, the children started to feel sick, one after another. We promptly reported, and medical staff from the Sangkhlaburi Hospital came to test everyone. Of those tested, 80 were positive for covid and 59 were negative. By the middle of October, everyone at Baan Unrak had contracted covid. Fortunately, none of the cases was serious.

Baan Unrak took care of our sick children by ourselves. Our nurse Tang Mo, who grew up at Baan Unrak and who earned her nursing degree in 2020, was very busy. The children who tested positive were moved to separate rooms and isolated for two weeks. The children who tested negative helped in any way they could; they cooked breakfast, lunch, and dinner for all Baan Unrak, and left food outside the doors of the sick children.

Despite the negative consequences of the pandemic and the lockdown throughout 2021, Baan Unrak used the time profitably for self-reflection and self-improvement. The general slowdown of all activities due to covid allowed us time to look inward and focus our energies on the home, its facilities, and its projects. Our most notable accomplishment during 2021 was the completion of our onsite health clinic. Although our three sustainability projects the Restaurant and Café, the Organic Farm and Garden, and the Weaving and Sewing Center lost revenue because of the lockdowns and a precipitous drop in tourism, at each project we were able to innovate new products and to develop and apply new skills. Moreover, the pandemic has kickstarted our determination to sell online and to connect to more people beyond the home and the local community. Our aim continues to be to make the children's home as sustainable as possible.

10

# 2020 at a glance

## Cumulative Number of Graduated Children

Year	Cumulative Number of Graduated Children
2008	0.5
2009	1.5
2010	2.5
2011	2.5
2012	3.5
2013	3.5
2014	4.5
2015	5.5
2016	9.5
2017	10.5
2018	12.5
2019	12.5
2020	18.5

## Number of Children Over Time

Year	Number of Children
1991	2
1992	10
1993	20
1994	50
1995	55
1996	75
1997	80
1998	85
1999	85
2000	95
2001	105
2002	108
2003	110
2004	115
2005	120
2006	125
2007	135
2008	130
2009	135
2010	145
2011	145
2012	145
2013	135
2014	135
2015	135
2016	130
2017	135
2018	130
2019	125
2020	130
2021	125

## 2020 at a glance

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### Impact and Reach: From the Children's home to the greater community

Baan Unrak provides a model to the community in different fields.

Healthy lifestyle, cultural contribution, child care, traditional weaving, legal assistance, education, agriculture, creating job opportunities and humanitarian aid.

**Promoting a healthy lifestyle:** We promote a healthy lifestyle and diet based on vegetarian food.

We grow organic vegetables in our garden, and make natural medicine with the resources of the land.

Our community starts to understand the benefits of organic and vegetarian food and gradually include them into their life. We are also serving the poor community with natural remedies and medicine. Especially in the beginning of the year we served many people from the community with medical herbs, powders and drinks. Our children's academic performance improved significantly after they started taking natural drinks which improve memory and remove stress.

### Cultural contribution

**We were the first to do street performances in Sangkhlaburi**, singing and dancing for the collectivity. We started a movement. Now it has become normal for locals to sing, dance and perform in the street, showing their culture with artistic performances at the attractive Saturday market and public events. In this year 2020 we still contributed to the community with performances on Zoom and Facebook.

### Child care

**We came first, in 1990.** At that time there were no other service projects in this area. The children problems were overwhelming. Baan Unrak provided the first model to care for these children. We were the inspiration for many to start their foundations and children's homes in Sangkhlaburi and surroundings. Others went back to their native land to start similar projects.

### Preservation of tribal weaving art and handicrafts

**In 1994 we started our weaving and sewing center.** We collected tribal weaving patterns and started to teach this skill to our children first, in the effort to preserve the tribal knowledge. Our weaving center gradually improved from using waist looms (characteristic of the Karen tribe) to bigger looms (characteristic of the Mon tribe).

## 2020 at a glance

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Our initiative inspired other people in town and in the nearby villages and temples to start similar projects, thus providing jobs to the impoverished community.

During the lockdown of 2020, we changed the style of our handicrafts into making clothes for our children and school uniforms for the community.

### Legal support

**We have been always standing for the rights of misplaced and uprooted people,** especially for the right of a child to be respected, to have an education, to get medical care and to get citizenship.

**In 2020, 10 of our children became Thai.**

Becoming Thai, they get access to the education and health system of Thailand.

Therefore, they have better job opportunities and peace of mind.

Similarly, we help poor and illiterate people of our community to acquire Thai citizenship.

**10 people from the community became Thai through our legal assistance in 2020.**

### Contributing to the society with education

In the poor community of Sangkhlaburi, education was a luxury and the normal family used to keep the children at home and make them work.

A great transformation is underway. Now, almost all parents are proud to send their children to school.

We are not only promoting basic education, we also strive for our community and our children to get access to higher education.

**14 former children of Baan Unrak have completed a degree / diploma or graduated university so far.**

### Education is the first step to fight poverty.

In 2020 our child Lochoi and Atitaya have graduated from university and they are now an English teacher in the North of Thailand, and an agriculture consultant in Kanchanaburi.

## 2020 at a glance

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### Employing local people

#### **Baan Unrak offers jobs to people of the community:**

Single mothers, handicapped people, elders, and also unemployed young men and women find opportunities to work with us.

We offer them jobs at our children's home and supporting projects, including the weaving and sewing center, the vegetable garden, the bakery and restaurant. Thus they bring wellbeing in their families and in the society, and by increasing their purchase capacity we improve the local economy.

During the lockdown, many of our employees were not able to come to work. Still we made sure that their minimum necessities were met, in form of food and with a small amount of money per month.

### Humanitarian aid

In our beginnings, we started by reaching out to the poorest in the jungle around Sangkhlaburi.

This year, even during Covid lockdown, we didn't stop our relief operations.

Our teenagers are involved in the monthly expeditions.

In the year 2020 we helped with food 64 families every month.

## Children's home

Much of our energy at Baan Unrak is dedicated to nurturing and providing shelter to 130 vulnerable children and 8 single mothers from Sangkhlaburi and the neighboring border towns in Myanmar. Although Baan Unrak was under lockdown for most of 2021, from March to December, we learned valuable lessons as we adapted and sought to innovate and learn new life skills at the home. We focus on 4 developmental domains to empower our children and help them reach their full potential; we include activities that stimulate their spiritual, mental, social, and physical wellbeing to foster happy, healthy, and well-rounded individuals capable of contributing positively to society.

### 1. Spiritual development

The pandemic and subsequent emotional strain (in the form of anxiety, fear, lethargy, and loneliness) continued to be felt worldwide in 2021. Unfailingly finding the silver lining in tough situations, the children of Baan Unrak opted to spend the forced slowdown in ways that strengthened their resilience, cultivated a tranquil mind, and promoted introspection. Spending more time as a family, and doing yoga, meditation, and art therapy, had a beneficial effect on the children as they learned to channel their energies positively. In fact, when Sangkhlaburi schools resumed face-to-face classes on 15 December after almost one full academic year of online classes, teachers commented that the Baan Unrak children were much more calm mentally, and were more focused, than their classmates who had been homeschooled elsewhere.



To remain connected to the outside world and to “stay alive” during the lockdown, the children of Baan Unrak also participated in many international online competitions and performances in Southeast Asia. For example, in a Kaoshiiki Competition, first our teenagers, and then our little girls, virtually competed with children from all over Southeast Asia to perform the yogic dance Kaoshiiki, which entailed bending sideways, forwards, and backward, for 20 minutes. In the Tandava Competition, dancers competed for 10 minutes of vigorous jumping while keeping the arms as straight as possible. Other online performances during 2021 included participation in Prabhat Samgiita Day, when our music group virtually joined people from all over Southeast Asia to sing devotional composed by Prabhat Ranjan Sarkar, known as Prabhat Samgiita.

## Children's home



### 2. Mental development

Education is at the core of Baan Unrak's mission. Despite the closure of Sangkhlaburi schools from March to December of 2021, a donation of new computers in 2020 provided the equipment and motivation to initiate the children to different IT platforms and tools to stay connected to the world.

Because the children were spending all their time at Baan Unrak during the lockdown, an ambitious program of art therapy was conducted. Three art therapists offered their services to Baan Unrak, and the children spent much of their time painting, drawing, and engaging in other artistic endeavors. Art is great for mental and emotional health; it sharpens the mind, builds self-esteem, and gives a feeling of joy and happiness.

Additionally, many former Baan Unrak children made great strides in postsecondary education in 2021:

- 2 students entered vocational school
- 5 students entered university
- 4 students continued their postsecondary studies
- 4 students graduated from university
- 1 student started a master's program

In total, **16 students** from Baan Unrak were participating in a degree or diploma program in 2021. All children who continue their studies after graduating high school receive a fully paid scholarship from Baan Unrak sponsors.

### 3. Social development

Again, the lockdown did nothing to stop the teaching of important social skills in the home. As the increasing need for teamwork, taking responsibility, helping one another, and sharing space became apparent, children markedly applied what they learned at the home. In fact, the pandemic became an opportunity for children to take leadership roles in setting up activities, to perform in front of their peers, and, for the more timid children,

## Children's home

to participate in non-threatening activities with their brothers and sisters. Annual ceremonies such as Baan Unrak's 31st Anniversary and Mother's Day played an especially crucial role in 2021 to reassure the children of their belonging to a community.

Moreover, all children in one way or another took part in our sustainable projects, which also connect them to the community. Whether gardening, making goats' milk products, or participating in relief missions to the community, the children all continued to develop important social skills and contribute in their own small way to the harmony and wellbeing of the home and wider community. Even during the pandemic, our older children, wearing masks of course, delivered donations of milk, rice, beans, soya sauce, cooking oil, and other staples to more than 200 families in the Sangkhlaburi area.



### 4. Physical development

With  $\frac{1}{3}$  of the children under 8 years old, Baan Unrak takes very seriously the need to educate children on hygiene, safety, and wellness. Protecting oneself against Covid-19 continued to be a top priority in 2021: washing hands, keeping a 2-metre distance when outside of the home, and learning to self-monitor for symptoms were taught to all the children. These

lessons in responsibility and self-awareness will stay with the children for years to come. Excursions to the land surrounding our goat farm and, after lockdown, to the jungle for relief missions also gave children the opportunity to exercise their bodies and maintain their physical fitness and strength.



## Initiatives in the Greater Sangkhlaburi area



### 1. Frontline Outreach and Relief to the Community

Extreme poverty, combined with a lack of rights and opportunities for migrant children and families, has left many Sangkhlaburi families and neighboring villages along the border with few resources and a desperate need for basic food staples, hygiene, and medical care. From the very beginning, Baan Unrak has been instrumental in offering

relief to the most vulnerable men and women: those who are too old to work, disabled, widowed, or left alone with little children.

Unfortunately, the pandemic exacerbated the precarious situation of many families who now depend on Baan Unrak's help. Typically Baan Unrak distributes monthly food donations to 64 families. Furthermore, twice in 2021, in June and in September, Baan Unrak expanded its relief mission to deliver milk, rice, and other staples to more than 200 families.

### 2. Employment Opportunities

Our philosophy is that everyone has something to offer and has the right to earn his or her own money in a dignified and rewarding way. Whenever possible, Baan Unrak offers employment to several members of the community who are considered unfit to join the traditional workforce, and otherwise would not have the means to support themselves.

Baan Unrak also focuses on improving the educational outcomes of all Sangkhlaburi children, by directly providing a school with qualified and dedicated teachers. Finally, Baan Unrak also pays a salary to all its staff, many of whom are mothers of the home's current or former children.

In 2021, Baan Unrak employed 59 people:

- 8 farmers were employed from the community
- 8 teachers were fully employed by Baan Unrak and supplied to the school in Sangkhlaburi
- In addition, 7 other "satellite" teachers were employed to serve the children of more isolated communities
- 40 full-time staff, many of whom are mothers and former children, were employed in care-giving capacities, security, maintenance, administration, and community outreach and its projects.

## Initiatives in the Greater Sangkhlaburi area

### 3. Sustainability and Self-Sufficiency through Our Projects

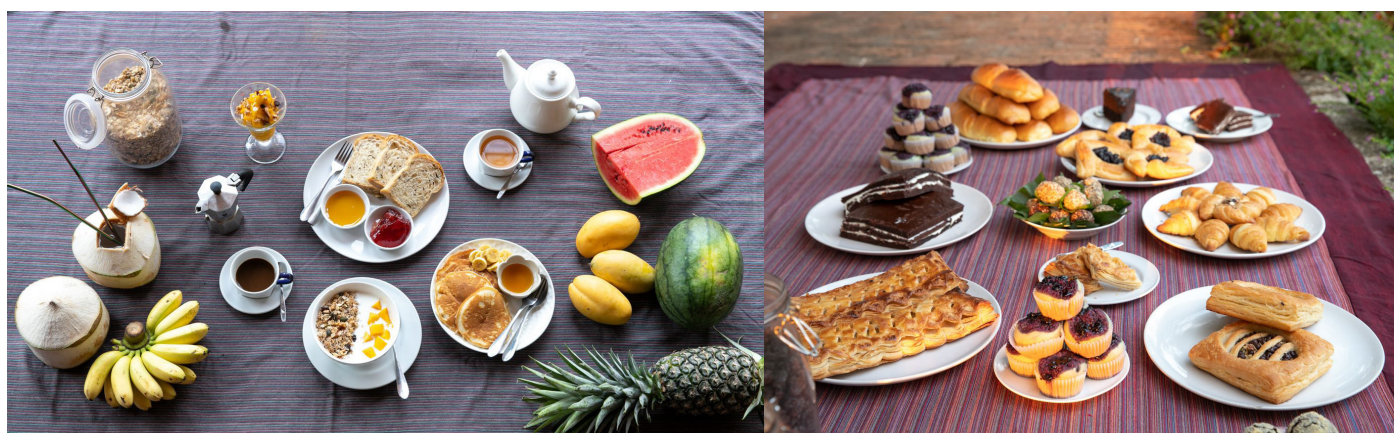
Our three sustainability projects the Restaurant and Café, the Organic Farm and Garden, and the Weaving and Sewing Center exist not only to provide our mothers with the satisfaction of learning essential skills, gaining training, and earning a proper wage, but also to offer the Baan Unrak Foundation a much-needed extra revenue source. Indeed, these projects are our opportunity to stand on our own.

Normally, our projects allow us to showcase the talent and know-how of the home as we create eco-responsible, ethical, and high-quality products not only for ourselves, but also for the community and beyond. During the lockdown of 2021, however, Baan Unrak was cut off from the outside world. Nevertheless, we used this time wisely to adapt, to innovate, and to learn new skills in preparation for re-engaging with the outside world.

#### - Restaurant and Café

The Restaurant and Café was established, in part, to act as a window into our foundation for the outside world and to connect us to the wider community. The restaurant proudly displays and sells all items created and produced by mothers and locals (and assisted by the children) through the three projects.

However, the pandemic, subsequent decline in tourism, and 9-month lockdown made 2021 a difficult year for all businesses, including the restaurant and café. Nevertheless, Baan Unrak took advantage of lockdown to develop new products such as tempeh and different breads, crackers, and grissini breadsticks.



#### - Organic Farm and Garden

An important part of our journey to sustainability is growing our own food, 100% organic, seasonal and fresh. We currently grow about 30% of what we require. Our experimental

## Initiatives in the Greater Sangkhlaburi area

garden and greenhouse are also where our boys and girls can learn firsthand about farming and gardening.

Sixty goats have become a central part of our farming community. The goats provide milk, with which the children learn to make yoghurt and cheese, both to eat at the home and to sell at our Restaurant & Café. We also use the goats' manure as the fertilizer for our land.



Our planting and harvesting of butterfly pea flowers continue to be a promising source of revenue. For example, Baan Unrak is the sole supplier of butterfly pea flowers to a Korean company. The flowers can be dried and used to make a caffeine-free, antioxidant-rich tea that is not only for sale in our bakery and café, but also available for shipment worldwide.

Baan Unrak is also experimenting with making healthy juices from the plants that we grow on our organic farm, including juices from:

- Ginger
- Heart-leaved moonseed (*Tinospora cordifolia*)
- Indian gooseberry (*Phyllanthus emblica*)
- Krachai (*Kaempferia parviflora*)
- Wax gourd
- Wheatgrass,
- White yam

These juices are consumed primarily by the children at Baan Unrak for medicinal purposes, but Baan Unrak has also distributed its juices to residents in the outside community as part of its ongoing relief work.



## Improvements for Increased Sustainability

### - Weaving and Sewing Center

The pandemic curtailed tourist demand for our beautifully crafted clothes and items in 2021, and the school closures meant that the weaving and sewing center had to stop its production of school and scout uniforms for the children of Sangkhlaburi through its longstanding partnership with the Sangkhlaburi school. Nevertheless, the weaving and sewing center



continued to make high-quality clothing for the children of Baan Unrak. And in December, the weaving and sewing center began making masks for a company in Singapore.

### 1. Health Clinic and Patient Dormitory



In January 2021, construction of a new health clinic and patient dormitory began. This new building will serve as a quarantine control center for children who become ill with covid (and its variants), chicken pox, and other infectious diseases. Due to the close living quarters and proximity of the children, it is imperative to have a space where sick children can fully recover without infecting others or relying on the local hospital, which is costly. The clinic will also provide daily

healthcare for minor issues ranging from skin problems to coughs and runny nose.

By June, the building's first floor, which houses 4 rooms 1 that serves as the clinic right now, and 3 that serve as patient dormitories was finished. Construction on the second floor, which will be used for storage, began in August. By October, everything was finished, and the grand opening ceremony was held at the end of the month.

When construction of the ground floor is completed in 2022, the clinic will move from the first floor to the ground floor, and its former site will be used as another dormitory room. Under normal conditions, the 4 first-floor dormitory rooms can accommodate up

## Improvements for Increased Sustainability

to 8 children, with 2 beds per room. If there is a covid or other outbreak, the second-floor storage room can be used to house an additional 20 mattresses for sick children. The clinic is proud to employ as its full-time nurse Tang Mo, who grew up at Baan Unrak and graduated from Mae Fah Luang University in 2020 with a four-year degree in nursing.

### 2. Physical Therapy Facility

A new playground is under construction to help children affected by cerebral palsy and other disabilities learn movement and do physical therapy. It currently includes a walking track with metal bars around and under a concrete ramp. Nearby is a sandbox, as well as a small inflatable water pool, for teaching movement. The whole place is naturally lit by the sun, so children experience the benefits of light.



Baan Unrak continues to seek funding to cover the expenses of finishing the playground, including the installation of a special swing to help children conquer the air, and a larger water pool for children to walk and crawl in.

### 3. Natural Medicine

Baan Unrak develops natural remedies in keeping with our holistic principles, not only to use at the home, but also to distribute to the outside community as part of our relief work. During the lockdown, we expanded, with the help of our university students who had to return to Baan Unrak when their universities closed, our capacity to produce



natural medicine, growing the following plants in our garden:

- Fa ta lai jone (*Andrographis paniculata*), an herb whose extract the Thai health ministry approved as an alternative treatment for covid
- Krachai (*Kaempferia parviflora*), an herb that local people use to boost the immune system
- Neem (*Azadirachta indica*)
- Moringa (*Moringa oleifera*)

## Improvements for Increased Sustainability

- Heart-leaved moonseed (*Tinospora cordifolia*)
- Ginger
- Turmeric

The next step is to begin marketing and selling our natural medicine to the outside world. We have in our possession the necessary equipment to blend the ingredients, the capsules to contain the medicine, and the contact information of a natural doctor who serves as our consultant. We also have a logo for our medicine. As soon as we receive regulatory approval, we will begin to explore options for selling our natural medicine online.



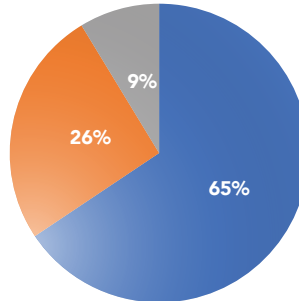
### 4. Water Supply

Water scarcity has been an ongoing issue in the region for many years. In an attempt to resolve the problem and not have to depend on the town supply, which is dwindling, Baan Unrak has taken the matter into its own hands and embarked on an ambitious project to generate its own water supply. In 2021, Baan Unrak purchased a new engine to improve its system for pumping water from the lake to the home for general use. In 2021, funding was also received for a drilling machine, a pump, and pipes so that Baan Unrak could begin digging its own wells. Everything is now in place for Baan Unrak to start providing its own water, except for one glitch: we still need to find a suitable underground source of water, so exploration will continue into 2022.

# Financial report

## Expense

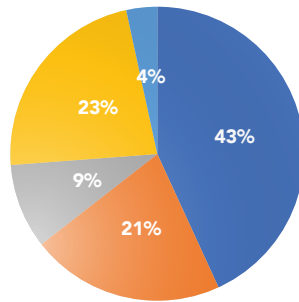
0001 卣 Care Homes	5,686,796.00	65%
0002 卣 Outreach &Relief	2,226,272.50	26%
0005 卣 Administrative	<u>753,338.37</u>	9%
	<u>8,666,406.87</u>	



- Total 0001 · Care Homes
- Total 0002 · Outreach & Relief
- Total 0005 · Administrative

## 0001 Care Homes

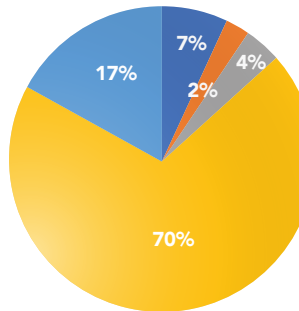
1.1 · Shelter	2,453,894.00	43%
1.2 · Food	1,212,169.00	21%
1.3 · Health	530,876.00	9%
1.4 · Education	1,296,798.00	23%
1.5 · Public Utility	<u>193,059.00</u>	4%
	<u>5,686,796.00</u>	



- 1.1 · Shelter
- 1.2 · Food
- 1.3 · Health
- 1.4 · Education
- 1.5 · Public Utility

## 0002 Outreach & Relief

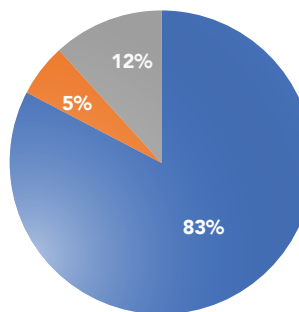
2.1 · Shelter	153,158.50	7%
2.2 · Food	56,287.00	2%
2.3 · Health	86,365.00	4%
2.4 · Education	1,553,071.00	70%
2.5 · Vocational Training	<u>377,391.00</u>	17%
	<u>2,226,272.50</u>	



- 2.1 · Shelter
- 2.2 · Food
- 2.3 · Health
- 2.4 · Education
- 2.5 · Vocational Training

## 0005 Administrative

5.1 · Office	622,704.00	83%
5.3 · Legal	42,175.37	5%
5.4 · Insurance	<u>88,459.00</u>	12%
	<u>753,338.37</u>	



- 5.1 · Office
- 5.3 · Legal
- 5.4 · Insurance

## Testimonials and appreciation

### Testimonials :



“Because I was far away from Baan Unrak for four years, studying nursing at university in Chiang Rai, I missed Baan Unrak a lot. I had first come to Baan Unrak when I was nine years old, so adjusting to a new lifestyle, a new culture, and new people at a Thai university was difficult. Life outside Baan Unrak requires a lot of responsibility, but Baan Unrak prepared me well to manage my time: eating, studying, meditating, sleeping. Baan Unrak also gave me people skills to interact with different people in different languages. When I came back to Baan Unrak from university, there were many changes at the home: the smaller children had grown up, and my generation had moved on. But Baan Unrak will always be my home. It is my big family. I am very happy to come back, to help Didi, and to repay everything that Baan Unrak has given me. ”

Tang Mo, former child of the home and current nurse at the Baan Unrak clinic



“Baan Unrak is a Home and a big family for us, where we live all together. In the morning I teach at school and then I come back here before lunch. In the afternoon I plan my lessons for the day after. During that time I feel that I don't need to worry about anything. I'm not stressed from work, I can just have fun with my friends and enjoy everyday's life. I had a normal teen life as everyone should have. I've been very lucky I grew up here, so that I never had to worry about my survival and I could do everything I did. Still today, Baan Unrak gives me the chance for me to have my own place; I know that everyday there are people in the world who go through big troubles, but here I am fine. I feel grateful for every single day.

I'm glad to help out in Baan Unrak because I love some of these children and I want to take care of them. I want also to enjoy every moment here with them as much as I can.”

Prema, former child of the home and current teacher in the school